

College and University

Suicide Prevention/ Intervention Training



Training Professionals & Communities in
Suicide Prevention & Response®

Suicidal thinking and behavior among college students can result from a wide variety of problems including drug and alcohol abuse, mood disorders, problems in social relationships and physical health problems. As many of these issues emerge during the college years, faculty, staff and students are often the first to notice these behaviors. Many college students who die by suicide never seek the available help within their institutions.

A unique community-based intervention, Connect increases the competence of campus communities in recognizing individuals at risk for suicide and connecting those at risk to help. Included is a review of National Best Practice protocols specific to colleges, interactive case scenarios based on possible campus situations, and discussion on how to integrate key campus and community services for an effective and comprehensive response.

Suicide Prevention/Intervention training highlights:

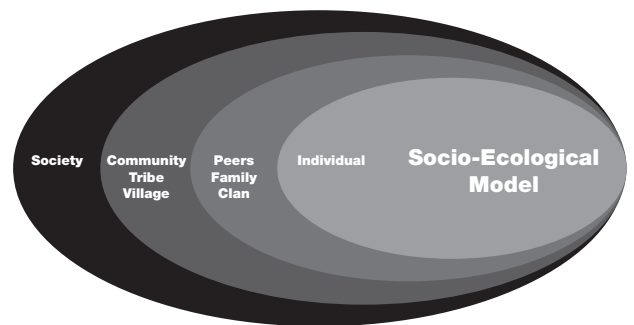
- National Best Practices for campus suicide prevention and crisis response, including special protocols for campus crisis teams
- Recommendations for promoting suicide prevention and strategies to increase help-seeking behavior and reduce stigma
- Suicide data and the influence of age, gender, culture, and other factors that may affect college students, including electronic communication
- Individual, family and community risk and protective factors and ways to strengthen the positive influences that prevent suicide and other risky behaviors
- Warning signs for suicide and skills for intervening with students or others at risk to connect the individual with appropriate resources
- Skills to communicate with students and parents/guardians in crisis situations
- Best practices concerning lethal means restriction, safe messaging, communication and media inquiries
- Discussion of confidentiality and reporting requirements with respect to FERPA and HIPPA, and guidelines for timely response and notification
- Considerations for transition plans for students who return to school after a suicide attempt
- A review of campus crisis response plan for suicide incidents
- Strategies to increase suicide prevention through coordination among community service agencies
- Self care and resiliency skills

Length: 6 hours or tailored for specific audiences

Audience: Students and all staff who have contact with students including faculty, health/counseling, campus security, residential life, custodial, food service, and administrative personnel. All are encouraged to participate in the training to enhance an integrated, campus-wide approach.

Location: your community

For more information contact The Connect Program
603-225-5359 info@theconnectprogram.org



Using a holistic, socio-ecological model, Connect examines suicide in the context of the individual, family, community, and society.